

THE TREE OF LIFE

*A Circuit Board for
Human Awakening*

BY DAVID QUIGLEY

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Table of Contents

INTRODUCTION.....	3
EXPLORING THE TREE OF LIFE.....	7
THE TROUBLE WITH EVE.....	10
PATRIARCHAL POWER: HOW'S THAT WORKING FOR YOU?.....	15
THE OTHER FORBIDDEN FRUIT.....	20
THE SEPHIROTHS.....	24
THE ROOT OF THE TREE: THE EARTH.....	28
THE MOON GODDESS.....	32
VENUS MERCURY & THE THIRD CHAKRA.....	38
THE HEART CENTER: THE SUN.....	44
TEACHING AND HEALING WITH MARS & JUPITER.....	47
THE THIRD EYE, SOURCE OF INNER VISIONS.....	51



INTRODUCTION

The Tree of Life is a circuit diagram of the most powerful technology on Earth for the transformation of consciousness.

GENESIS 2: God is discussing his new human creations with an angel companion...

"We must not let humans eat from the tree of knowledge. For if they do so they will become aware. Then they will eat of the Tree of Life and become as Gods. We shall forbid it."

This story is the beginning of Gnosis. (Greek for Knowledge). We discover in these stories how to eat from both of these trees which are at the very center of the garden of life. And achieve both Knowledge and power to shape our own lives. These trees have profound teachings and indeed transformations for us today.

But first a trip to the barbecue...

I'm no Certified Bible Scholar but I've heard that true Christians all must believe that every word of the Bible is true. So Creation took exactly seven days and we can toss all the scientific discoveries of the last 200 years.

And if you don't believe all of this? Your future will be barbecued. But I just have one small question for those of you Christians who believe in every word's literal truth. So God made Adam out of the mud on a riverbank?

And He made Eve from one of Adam's ribs...so that she was part of him. A subservient part. A rib. To be his companion. To live for him. A rib.

Well...it's obvious I don't get out much. Because I've never heard of anyone who was made out of river mud.

Or anyone from a rib either.

I can't of course be so gauche as to simply ask how people were born. Of course. But I've just never heard anyone in therapy, for example, Even over 40 years of practice, Tell me:

"My father told me he knew the moment he molded me from the river mud (tears) I'd be no good."

"If you didn't want me why did you ever let someone make me out of your rib Dad!"

Nope. Never heard of this. Strangely enough when I do inquire I keep finding the same story. Everyone I meet seems to come out of women's wombs.

Maybe it's just cause California is so "new age."

I'm sure down in Oklahoma, you know...Christian country. You'll find whole families formed out of river mud. Probably wouldn't surprise me. Of course I'm sure you've seen this announcement from a Montgomery Alabama Baptist megachurch:

"This year's annual father's day "Honor the ribs that formed you" potluck will be held right after the Sunday Service. As always it's all you can eat baby back ribs."

No, I haven't seen it either but I'm looking.

Still, so far, even in the deep Republican south, I can't find any other birth story. There's always a womb somewhere. Which means a woman.

So my question: Do you think it odd that the Bible would sacralize a Father as the source of all creation and women as...well, Spare ribs? And wickedly tempting sources of evil at that?

Apparently these spare ribs come with the devil's own barbecue sauce. Her disobedience leads to a life of sweat and blood. And then hell for disobedience. Do you wonder if there might be something a little off about this strange story?

Well if you take this story literally...It's a short walk to Donald Trump. But if you would like to know what is really going on here in the Bible and in the world, and maybe save our world from Trump's black shadow of patriarchal power, read on.

PART 1



EXPLORING THE TREE OF LIFE

Today begins our exploration of the Tree of Life. The Tree of Life is an ancient symbol of human transformation: Of our Ascent to the divine and our rootedness in the Earth.

In the ancient Jewish mystical system called the Kabbalah, the Tree of Life shows both the architecture of the process of manifestation, and a path for development of the soul. I describe it as a spiritual anatomy of the human body comparable to the 7 chakra system.

Portrayed as a tree with ten precisely ordered fruits. Each of the "sephiroth" or transformational stages leads us to

greater connection to the Divine and to our divine mission.

But we begin our understanding of the tree at the beginning. And in the kabbalistic tradition of the ancient Sephir Yetzirah (the book of Formation) that means...

GENESIS 1. GOD SAID LET THERE BE LIGHT

Except that this isn't the Hebrew. At all. Or even the Babylonian text that predated this one by centuries.

"God" is a rough translation of the Hebrew Elohim. Which means "the highest Gods and Goddesses" yeah. Feminine plural.

Rough translation? Sounds like somebody's getting roughed up!

So it was a circle of divine beings male and female who created our world in these seven days.

And on the sixth day the "goddesses" created male and female humans. No other creation details are provided.

Next chapter. YHWH. Male God. God of Israel... (Probably pronounced Yahway...probably. But mostly mispronounced in the English speaking world: Jehovah.)

He makes Adam out of a riverbank. As my previous article pointed out. This alone is suspicious. Who does this?

But adding to the mystery is that Adam is alone at first. Then God makes up a companion out of his rib.

So what about the man and woman already created on day 6? A mystery. And Jehovah isn't talking.

Now we catch a glimpse into Yahweh's true nature. When he tells a companion angel:

"We must not let humans eat of the tree of knowledge. If they do so they will then become aware of themselves...Then they will eat of the tree of life and become like us! Gods!"

So it is forbidden.

Well we can count on Adam to remain completely incurious about these two massive trees that stand..literally... in the center of the garden.

But the Mother Goddess (the symbol of her wisdom has been the serpent for thousands of years) had a plan. To awaken these brainwashed and pitiable figures of patriarchal programming. But she needed Eve's help.

PART 2



THE TROUBLE WITH EVE

Adam...not really the only man on earth... But the only human creature in the garden is lonely. So Yahweh makes him a companion.

But while the companion Yahweh makes for Adam is sweet and beautiful as promised, there are problems.

She's curious. She thinks outside the box. And she is probably wondering why the local garden animals don't seem to emerge from the riverbank or a rib. But from some other place entirely. Maybe, unlike Adam, she doesn't just take Jehovah's word for things.

So when the serpent shows up(mother goddess is portrayed as a beneficent serpent all over the world for

millennia) her message is no doubt not simply "EAT THE APPLE OF THE TREE OF KNOWLEDGE."

It was more like: "WAKE UP DAUGHTER! AND YOU WILL NEED TO WAKE HIM UP TOO!"

Well thank heavens Adam paid attention that night in the bower.

Bower. That's like a boudoir.

But it's more rustic. You wind up with leaves up your butt crack.

Milton borrowed the term "bower" (birds nest) from the ornithologists to describe the lovely bed of Adam and Eve in his beautiful epic poem Paradise Lost. It is indeed a beautiful boutique boudoir of a bower. You'll like it. But still... Bring a blanket.

Milton's renaissance Italian religious philosophy? Also for the birds. "sinful womankind" is a gob that falls from the sky every hour into the eye of any one attempting to read this otherwise delightful poem. No those aren't eagles up above. Or sacred doves. Just the fat pigeons of Vatican Square.

So we'll just stick with the bower Milton. Thanks anyway. Meanwhile, back in the garden...

Rumor has it the guy understood what all men at some junction begin to understand.

"You want some action tonight? Take a bite."

Fortunately Mother's magic worked. They both realized the Knowledge of who they were. So what is the first sign of their knowledge? They become aware of their nakedness.

What? Now in a warm and private garden like this, how is being naked a problem you may ask. This is paradise after all. Right?

Well I don't know about paradise but I have had a little exposure to the Patriarchal Gods. Or at least demigods. Jeffrey Epstein's fantasy island comes to mind. So if some strange old man was telling me about making us kids out of mud and bones...

Well I'd wonder Why he was trying to confuse us about our sexuality?

Why was he telling us such a cock and bull story while always showing up when we're trying for a little privacy?

Why is he looking at us that way?

And why forbid us to learn about ourselves and our bodies with this harmless...Indeed important...Fruit?

Now that our eyes have been opened by the knowledge of the Mother.

Maybe we better put on some clothes. This is the patriarchy after all. And then maybe get out of dodge.

Of course since this is the patriarchy they will have to spin this politically. So here's the press release:

"Adam and Eve are cast from the garden because of Eve's unfaithfulness! Both of them are forced now to suffer in giving birth, tilling the fields in sweat of their brows, and finally dying instead of enjoying eternal youth in the garden."

And the unwritten but obvious corollary: It's All Eve's fault! So of course all women are guilty and none deserve first class citizenship. A good patriarchal spin. This lie has worked for 5000 years. Since ancient Babylon.

Now Here's what's real:

Mother Earth gifted the human race which she created with knowledge so we might know the joys and the beauties of romance, sexual love, and bearing and raising children. So we might learn from women how to til the fields for our food and domesticate animals to bring us abundance. And we can learn from the Goddess about the greatest gift of all to our spiritual lives: Death and the spirit world. Welcome Adam and Eve to your true home.

Especially abundant are the gifts that come to all men when they honor the wisdom of womankind. And the special wisdom of the wise woman the Goddess has given them for a mate.

If you have any desire to develop spiritually, begin by honoring the wisdom of women. Let them nurture you with the sacred fruit of knowledge.

And stop listening to the ugly propaganda that the patriarchy spews about these partners for our path!

Or stay in the conventional Christian world with your savior and hero Donald Trump. For the brief time that remains for patriarchal culture. Before the flames and floods destroy it. That's Mother's final gift for those cultures that fail to listen to women's wisdom in this time of awakening.

Your choice America.

PART 3



PATRIARCHAL POWER: HOW'S THAT WORKING FOR YOU?

Our story begins with Adam and Eve picking up the truth about Yahweh and his phony Garden paradise.

Clothing themselves. And like young fugitives from Jeffrey Epstein's fantasy island, escaping. Perhaps with the Goddess's help. To live lives filled with knowledge of life and love.

And we see the crazy cock and bull story invented by Yahweh to cover his tracks.

Oh. And also accidentally condemn all women to second class citizenship for 5000 years.

Whoops.

Now in the absence of respect for women's wisdom, things have gotten a bit hairy on planet Earth. Many reporters have noted recently the countries who are truly acing the covid challenge are nearly all led by women. But we don't have to wait for 2020 to examine the incompetence, violence, and evil of unrestrained patriarchal governments operating in the pages of history.

Or of women and their loving respectful consorts who have brought peace and prosperity to their Queendoms. Hatshepsut, Queen Elizabeths...first and second... Katherine the Great, Xixi queen dowager of China's last dynasty. All were far more progressive diplomatically and politically skilled and kind than the Genghis Khans and the Donald Trumps of the world. And were revered as such in their time.

Men without women's wisdom are idiots... Dangerous idiots.

And it's no better in the world of religion and mysticism. For example, For centuries it has been forbidden for women to study the Kabbalah.

It was a realm exclusively pursued by men reading dusty old Hebrew texts trying to distill their meaning by squinting at the words through their thick glasses. Hour after hour, playing with the obscure meanings of ancient

letters and their numerical equivalent (every letter in the Hebrew alphabet has a numerical value).

A typical exciting insight would be the discovery that the numerical value of compassion in Biblical Hebrew is the same as the value for life. And is exactly half the value for creation. And it goes on...

And the practical result?

Quite exciting really. A kabbalist I read about on the internet said the Hebrew letter number values for "maximum erectile power" and "African kumquat beetles" is the same.

Well so far that doesn't seem to have worked out so well. Have you scholars checked your arithmetic on this?

Some of you hard headed gentiles might be sceptical? Well, I was recently informed that the Hebrew equivalents for "Republican Senator", "POTUS", and "grand theft larceny" ALL had the same numerical values. Coincidence?

Still...I'm not sure we could get a conviction.

A favorite spell the kabbalists often attempted and celebrated as the "great work" was the creation of a living man out of clay infused with various kabbalistic spells using the words mentioned above. This clay man was called a "Golem". No relation to the twisted ring bearer of middle earth...or maybe?... Was it river bank mud? The literature isn't clear.

But...none of these efforts were reported to be successful. Rumor has it one of these clay models briefly came alive...cried "mama!?" And then died.

Maybe they needed a little more mandrake root? Maybe some electrodes and lightning bolts? Or maybe just a little less *male bovine excrement*?

So much for their mastery of the great process of creation. When the great mystical texts gave them the 10 great steps on the tree of life, the male kabbalists had no idea what they meant. No coherent scientific protocols of physical and spiritual transformation were ever evolved to our knowledge. The first mystic to actually travel the tree of life and experience it's transformative power directly and wrote about it was Dionne Fortune, A British occultist and magician born in 1890.

Yeah. A WOMAN.

Then the Goddess and her priestess Michaela chose me, David Quigley...a skilled trained scientist...a major in world religions, trained in modern psychology, And a wizard of the ancient world, To make sense of the Tree of Life and deliver this truly ancient and powerful system of transformation to the world. The tree of life that Michaela and I teach in our Advanced Psychic Development course is not just an esoteric map of the cosmos.

Not just a system of metaphysical ideas and beliefs. **It's a circuit board for transformation of body and mind. We will learn to use it.**

This of course is what Yahweh fears the most. Now that Adam and Eve are working together we won't be vulnerable to patriotic fear mongering, calls to greed, racism and violence will be ignored.

We won't be sheep. We will be...

As Gods. Ready to join the rest of our angelic hosts...The Elohim, in rebuilding our hearts, our bodies, families...and our planet.

PART 4



THE OTHER FORBIDDEN FRUIT

Now that we have all taken a big bite out of the forbidden fruit of the tree of knowledge (thanks Mother), we are ready to partake of the other forbidden fruit...The tree of life. The one that Yahweh warned his angels is going to make us like Gods.

Or maybe just awaken our souls to our true divine nature.

So we begin a journey. Men and women together. Climbing up the tree of life is a very important journey for every soul who wishes to merge with the Divine. Unlike patriarchal traditions, in Gnosticism (the religious philosophy from which all of this wisdom streams), both Father and Mother God are within our own bodies and minds. And we can manifest these divine energies through meditations on the Tree both individually and collectively.

It turns out that the 10 spheres of the Tree of Life correspond very precisely to the 7 chakra system of Indian Tantra philosophy. This ancient, accurate and versatile system provides a useful model of the spiritual anatomy of the human body. It is a model with which we can readily identify, analyze, and heal the challenges all humans face within specific organs, limbs, and body systems.

For example: Children are connected to the aura usually through chords in the second chakra (the Moon center in the Tree of Life)

The location is just under the belly button. Funny place for connections to children, huh? Well...funny only if yours were made from river mud. So one can learn to read the number of children and the individual's relationship with them through this chakra.

This is one example of hundreds I could give about the effectiveness of this system.

This "new" model of the auric field (which is only 1300 years old) was completely unknown to the followers of the Hermetic and Kabbalistic philosophies of the West. So they missed out on its powers until the revival of eastern mysticism precipitated by the California based "New Age" movement, a movement greatly influenced by the psychedelic discoveries of the 1960s.

In California the 7 chakra system has been researched and popularized by many psychic training systems over the

years including my teacher Lewis Bostwich, founder of the Berkeley Psychic Institute.

So when my enlightenment coach, Jeff Love showed me his new book **The Quantum Gods (1977)**, a fascinating analysis of the Tree of Life superimposed on the seven chakra system...I saw the light!

Now remember that for over 1000 years Jewish and Christian kabbalists have seen the Tree as a pathway for the soul to climb upwards and find oneness with God. They had no idea that the Tree was also a precise model of the spiritual anatomy of the human body. Even though some have described the tree of life as representing a kind of "primordial man" whose limbs and organs were defined by the Tree of Life. They had no idea how practical and real this map was in describing human anatomy.

Like Galen's anatomy texts from the 4th Century, which were based on no actual autopsies but on fanciful mythologies of the body, the early kabbalistic writings about the Tree were pure mythology.

So the Tree was an incomprehensible map without the insight of the 7 chakras. With the integration of the 7 chakra system it becomes an accurate blueprint of the human psychic body, and a circuit board which allows us to attune the human soul to the highest levels of light and energy.

At 27, thanks to the insights received from my guides, combined with my friendship with Lewis Bostwich and Jeff

Love, I had plenty of time to research, explore and reaffirm these phenomenal ideas.

I was crippled with rheumatoid arthritis, wheelchair bound, had chronic fatigue syndrome and a host of food and chemical sensitivities.

Now thanks to the insights I've been given and the journeys taken with this circuit board of transformation I have had an amazing 40 year career as an Alchemist, Teacher, and Healer.

And at 70 I enjoy my favorite hobbies: mountaineering, martial arts, dance improv, Broadway style singing, and concert piano.

The tree of life.

It's your spiritual body.

Use it or lose it.

PART 5



THE SEPHIROTHS

The diagram shown above is the usual portrayal of the Kabbalistic Tree of Life. its ten energy spheres called sephiroths, are arranged in a precise manner. The sephiroths are the fruits of the tree of life, the portals to divine revelation. So one might imagine that sephiroth means "sphere". Yes, How perfect. Because "chakra" means a spinning sphere.

But...no, according to my sources, in 10th century Spanish Hebrew, It actually means an item on a list of divine qualities.

Seriously? God's list of credentials? God's bullet points? Here's your "Divine Ascension To Do List"?

So I'm going to ask the reader to utilize their imagination and see sephiroth and sphere as synonymous. Thank you.

So the first sphere at the base of the chart and of our own torso is called "MALKUTH". Full stop.

I will dispense mostly with the Hebrew monikers. Their true meaning has been lost for centuries, so I will focus on some aspects of these spheres that are way outside the box of traditional kabbalistic studies. But they are entirely consistent with the sciences of anatomy, psychology, physics and...the psychic sciences of the East. And frankly, these out of the box features fit into another box...

A toolbox.

A practical box of tools not only for spiritual development, but for health, vitality, and success in our daily lives. The tools we will be exploring include:

1) The planetary influence represented by that sphere.

The planetary symbol in my system is used as the name for each sphere to simplify the teaching. The symbolic meaning of the planets only imperfectly portrays the spheres they represent, but is a symbolic architecture familiar to most seekers.

Here's the rub: Words like Hod and it's rough English translation Glory may have meant something to 10th century kabbalists. But...you know I'm a scholar in world history and religion. And an Alchemical therapist, tour guide to a thousand dimensions with my clients.

You meet a primeval God in trance and I can tell by his name and clothes who this guy is, where he comes

from...and why he's probably not going to be your inner father.

But I have nothing for "Hod". And my way back machine is...again...on the fritz. So for me and us newbies to the 10th century Kabbalistic world? MERCURY has more meaning. Sorry Moses, Shalom!

2) The position of the sphere in the body and the areas of the body including organ systems ruled by the sphere

(FYI, I am a medical hypnotist).

This ain't some theoretical giant human.

This is your energy body

This is the circuitry that runs it

Use it or lose it

If you get your head out of a book, Rabbi, talk to your womenfolk, play with the kids. Maybe do a few yoga postures. You might catch a clue to the amazing TRUE secrets of the "Otz Chiem" (The tree of life in Hebrew). It's not in the Torah, it's in your body.

3) The psychological significance of the chakra which contains/surrounds it.

As I described earlier There is a vast landscape of beliefs, feelings, relationships, and habits associated with each

Chakra. This rich anatomical model was first articulated within the ancient Tantric teachings of India around 700 CE.

(No! Not THAT kind of Tantra. Basic Indian Tantra is about learning to control and empower the energies within your own energy body. It's why at 70 I'm a dancer and mountaineer and not an old fart in a wheelchair...but never mind. We'll get to that **other** Tantra...when you're more evolved.)

This 7 chakra model of the human aura has been used as a blueprint for practical readings and psychic development training for decades. Adding now the tools of modern psychology (me? Duke U. 1972, Transpersonal Psychology), we can explore the dangerous core beliefs and behaviors contained in each sphere/chakra complex when it is contaminated. These must be understood and countered, to keep our bodies and souls clear and strong.

Jeff Love began this exploration of the "qliphoth", the hollow shells of these sephiroth, as a psychological study in his seminal text, **The Quantum Gods**. I continue it here. The ancient kabbalists, without the language of psychology, spoke of broken and empty vessels. We can speak of these character disorders and neuroses in precise terms. In the next chapters, we will learn the affirmations, processes, and actions that clear out and empower each sphere.

PART 6



THE ROOT OF THE TREE: THE EARTH

In the area of the reproductive organs and base of the spine is Chakra #1 and Sephiroth #10 (kabbalists count from the top down).

EARTH

This chakra is all about how we connect to Earth And to our physical bodies. Here we cultivate our health, physical vitality, and strength. In a healthy first chakra, we find delight in our physical bodies and physical activity. Our groundedness. even our prosperity and body image can be stored here.

It rules both legs and hips, buttocks, sexual organs and the rectum.

The hollow shell of this sphere could be the realm of the "spaced out". Being out of touch with our bodies. Clumsy, weak, sickly, poor. Hating or at least ignoring the vibrant life in our bodies.

But this anal chakra is also the realm of greed and unbridled lust. First chakra types selfishly grab "pussies" (they are obsessed with sex but have no sense of emotional connection with their victims). Or selfishly grab money, power, and dominance.

The psychological term for this is narcissist. Some call it the anal personality. But I prefer the more anatomically precise kabbalistic term:

Asshole. Look it up in your Hebrew dictionary.

Alas, I'm having such a hard time thinking of a well known contemporary example. Any ideas?

First chakra types can have a hard time letting go. Letting go of possessions and resentments. People who have a hard time letting go of shit end up suffering from constipation and irritable bowel syndrome. All are about difficulty letting go and being in the flow.

The solution? Tuning into your body with a positive attitude is essential.

These are the key affirmations:

I LOVE MY BODY

MY PHYSICAL NEEDS ARE MET AND WILL ALWAYS BE MET

I HAVE A BEAUTIFUL AND HEALTHY BODY

I FEED MY BODY GOOD, NUTRITIOUS FOOD, EXERCISE AND REST

MY LIFE ON EARTH IS PROSPEROUS AND HAPPY

Placing grounding chords into the earth while meditating, hiking, or even driving your car can be very healing for your earth sphere.

But I have found nothing works like rock climbing and mountaineering. Because if you stop paying close attention for one minute to your grounding. Your wake up call is immediate. Similar challenges exist in playing tennis, maneuvering through dangerous highway traffic. Facing off with a dangerous animal... Like an armed Trumpite. The closer an incident is to life and death, the more your first chakra opens. Every sense opens for self preservation. That's the first chakra.

It is common knowledge among spiritual circles that a minimum of physical vitality is a precondition for awakening the kundalini serpent from this "root" chakra so that it can rise up the spine and rise all the way to the

top of the head in order to achieve enormous physical and spiritual healing. There are specific meditations within the Tantra system to activate and direct the kundalini serpents awakening.

This "path of the serpent" is even described by some of the kabbalists as the journey upward from earth to heaven through the spheres.

They didn't know...it's your spinal cord.

Now onto *chakra #2*

PART 7



THE MOON GODDESS

Find your belly button. Approximately 1-2 finger widths below this is Chakra #2 and Sephiroth #9.

THE MOON

Like The moon in the sky, this “inner moon” is the source of our emotional lives. With her monthly cycles, the moon governs our fertility, our moods, our romantic and familial feelings.

Diana the moon Goddess is seen in modern mythologies as a virgin huntress who is actually a bit annoyed by society...especially men. Ask Orion, the great hunter of Greek myth, sometime.

But this was a very minority view in the ancient world. Far more popular was the moon Goddess Diana as lover and mother goddess to the world. Her temple at Ephesus was the largest and most popular temple in the ancient world.

(“Temple of Jerusalem? Never heard of it!” says your typical cosmopolitan Roman in the huge festival crowd. He whose lifelong dream was the pilgrimage to Ephesus.) It displayed a statue of Diana of a thousand breasts. Moon as Mother of the world.

So it's no accident that the place on your belly button called the moon is where you BELONG to your parents, your mate, and ultimately your children. Where you are nurtured and nurturing to family. The foundation of security we all need.

The second chakra is where this either happens for you...or not.

It explains why a relationship breakup or death of a close family member often leads to a pain and emptiness in the belly. As well as the usual heartbreak. (Sphere #6)

This area contains the reproductive (ie. Internal) sex organs. Ovaries, womb, prostate gland. Their health is conditional upon a happy second chakra.

Two examples:

One client with an ovarian tumor the size of a grapefruit finds a baby spirit in the tumor whom she had aborted years ago. She tearfully apologizes and bonds with the

spirit of this baby with a promise to bring her back...if possible. Her tumor disappears in one week.

Then there's the wealthy elderly patient with prostate cancer. Annoyed to find a bunch of "nasty" women in his prostate who are complaining about his life of lies and cheating on them.

"I got nothing to say to them!" He insists. I tell him he must talk to them. Well alright then. "I paid you well! Quit griping!"

He's dead in two weeks.

Also In the Moon center are the intestines. Just as we cannot easily absorb the food of love from others unless we can "belong" to a loving family, so we cannot absorb the nutrition from our food without the 33 feet of intestines that provide this absorption. These words have the same root:

Nursing, Nurturing, Nutrition

That's why so many people's addiction issues can be traced back to loneliness and a desire to fill the emptiness inside our bellies with food... or something. It's all second chakra. Most of my clients are wrestling with issues of feeling unloved, unwanted, lonely, and anxious because of childhood abuse or neglect. Food, smoking, drug and alcohol addiction are common problems that stem from trying to fill this "black hole" of loneliness in the belly.

Also, digestive issues are frequently signs of poor family bonding. The starving orphan is an ancient archetype that could live in the dark shell of the Moon sphere.

Often I need to engineer a brand new childhood for clients. A childhood their new inner family builds for them every day in their ordinary lives. This new inner family is... conveniently...on the tree.

This helps build a degree of calm, confidence, and pride, a FOUNDATION of emotional security that they may never have known. And which years of ordinary therapy are unlikely to provide. Let me illustrate:

Patient: "Gee Dr. Freud. I so look forward to our sessions and your guidance every Monday. You're like a father to me. If only I could have you there all the time."

Dr. Freud: " That's nice. Same time next week?"

I have a question for you, doctor. If your patient has never experienced as a child what a loving parent is and does, how many therapy hours would it take for you to fill the child's emotional needs for a father?

How many years at one hour a week?

On the tree. Sephiroth 2 and 3. The inner parents. They are already there, Sigmund. Inside every one of us. Branches on the tree of life. Available for all the childhood love they..and you...need 24/7.

Maybe if we found you a loving mother Sigmund, you could give up those constant cigars? And maybe every symbol in your patient's dream lives won't be a phallic symbol?

Just sayin'.

But yes Sigmund. It is about sex...

In the second chakra we discover that the greatest power of sex in humans, and the reason our human sex drive is one of the strongest in the mammalian world, is its ability to bring us an ongoing and ecstatic ritual of bonding that seals the deal between mom and dad of our family's love and trust in each other. That's Moon sex. And if done with a true partner we are over the moon!

So if your love partner does not fill up your lunar center, an inner mate may be essential for establishing the harmony of your tree. Yeah that's Tantra too. Making love to an inner mate. It's taught in my training.

Affirmations for the Moon sphere ideally should be delivered by a loving inner or outer mate or inner parent. This chakra is the place where we are fed by others' love. These messages include:

YOUR SEXUAL AND EMOTIONAL NEEDS WILL ALL BE MET

YOU BELONG TO A LOVING FAMILY YOU ARE LOVED

YOU ARE LOVABLE AND DESERVING OF LOVE

My story? At 19 years old when I met my Michaela. My inner mom, Kabbalist, and Angel. Every one of the BELIEFS above would have been false to me. A child of profound abuse and neglect. No wonder my tummy hurt all the time. And I looked like a concentration camp...no, not survivor. The other kind of concentration camp victim. My addiction? Suicidal ideation. Drugs. Television. Compulsive eating.

Now with my inner family it's all so much better. And every affirmation above is true. This is why we need inner parents. We must heal our wounded second chakra. Our inner Moon.

It's also where...as my prostate cancer patient found to his annoyance, we deal with our real life mates, parents and children. Clearing the cords to them so we can either secure our family's common affections through acceptance and forgiveness, or make amends to those we have wronged, or at least find a safe way to extricate ourselves from an abusive family member.

All of this is also the Work of the Moon center. Now upward and onward. To build an adult self.

PART 8



VENUS MERCURY & THE THIRD CHAKRA

The third chakra is located in the solar plexus area. Roughly between the belly button and sternum. It is called "The power chakra" as it's the center of our personal power.

With this chakra we introduce the two side pillars of the tree of life. Known as Joaquin and Boaz, they represent the masculine, right side and the feminine, left side of the body, elements of everyone's inner make up. You will see these pillars in the Tarot card of the High Priestess.

Since the days of Simon Magus, Alchemy has been defined as the process of bringing our male and female essences together to create a sense of completeness within, referred to in the ancient writings as the **Hermaphrodite**.

The tree of life is the most complete model I have for accomplishing that purpose. And these two pillars are emblematic of that task.

This meeting of masculine and feminine is extremely important for our soul's evolution. That's the reason, by the way, that homosexuals, transsexuals, and even cross dressers were honored as sacred channels of divine wisdom throughout the ancient world. By bringing these energies together in one body they opened a channel of wisdom for us all. Even today LGBTs are known for their creativity, compassion, and keen insights.

The early Christians were absolutely outraged by this very business of mixing up male and female.

Okay maybe those Romans did go a smidgen overboard. Like the Emperor Nero who dressed up as a bride to marry...his horse. Okay. A little over the top.

Still, Those Christians were so outraged, that they burned down every pagan temple and massacred millions of pagan worshipers. Then they put in place the evil paradigm that LGBT was the devil's work. Thousands of gays burned tortured and exiled since then. Just PLEASE don't blame my friend Jesus. He hasn't forgotten who you are.

Jesus... You know, the fellow these idiots claim to follow, assures me that the boudoirs and bath houses of hell are full...and scalding hot.

Just not for our LGBT friends, beloved channels of the Alchemical Union. They're full of...some other folks. oh, excuse me...

“Mike Pence! Your top dog is looking for a little booty call this morning! You don't want to keep him waiting ... again!”

Meanwhile back at the Third Chakra.

Forming one's own unique identity as a thinking and feeling adult is the task of the third chakra. The maturation process requires that we emerge from the security of family life to make our own personal identity. This chakra therefore represents the development of a healthy **ego**.

And development of a thinking discriminating and analytical mind is a requirement for identity building.

Mercury is on the right side of the tree. The liver is Mercury's organ. The most sophisticated chemical processing plant in the body, it is critical to digestion, and the elimination and processing of toxic chemicals. Likewise, an effective Mercury helps your developing ego by separating truth from falsehood and creating a world view of sensible ideas and beliefs about oneself. It also allows us to thrive socially as we proudly and powerfully share our ideas with others. It also requires preserving an open mind and being eager to learn from others as well.

Venus is on the feminine pillar. Although portrayed in popular literature as an alluring sex goddess, Venus is far more than that. To the ancients she was the symbol of every kind of family bond. Mother, lover, sister, friend.

Venus was all of these. We could even say that more than a love goddess she is the Goddess of social graces. That was in fact a popular title for Her. Her organ is the pancreas. The sweetness of life...absorbed with the help of insulin from our pancreas and the laughter and joys of socializing with family and friends. That is Venus's gift to us.

So, between insightful communications and the gentle grace of Venus we build a healthy sense of self... an "ego". Thanks Sigmund.

Alas, Dr. Freud's "ego" as described in his most significant and revolutionary text, **The Ego and The Id**, (Freud, 1911) was wedged painfully between a rigidly authoritarian and puritanical Judge (the Superego) and a drooling hairy animal with a one track mind (the Id).

Hey, Sigmund, if my frail ego had to deal with these ugly thugs in my inner world? With no moderating woman's influence? I would need all the cocaine I could get... and don't forget the cigars.

I know, Sigmund, you thought this Ego formation model was a picture of normal human evolution. It is not. But your genius did reveal to all of us the terrible

consequences in the male psyche of the patriarchal system. It is a nightmare...

So here we are in the hollow shells of a blasted third chakra:

Again, there are two possible scenarios. For the powerless victim who never had a loving family foundation in their inner moon, their 3rd chakra remains weak and underdeveloped. Lacking a firm sense of his independent value, he can shrink into weakness and dependency. In this case the third chakra will register as blocked. Living in a fantasy land, or devoting themselves to the care of others, instead of a proud individual identity they have an empty hollow center. Boring for sure ... but probably not dangerous.

Some folks however compensate by blowing out their self-importance. Often with wild crazy ideas, inflammatory conspiracy theories which they promote all over to build a false sense of self-importance. This is the shadow of Mercury. A motor mouth spewing of Pseudoscience. Paranoia. Conspiracies.

And as for Venus? Pride that should be based on one's social skills in bonding and healing with others becomes fixated instead on resentments, angry outbursts and demands. Or rigid insistence that everyone cater to your needs. This is the false ego of the narcissistic personality. And it is the blown-out 3rd chakra.

Remember the "assholes" in chakra one? Well they tend to blow out the third chakra in order to maintain the rigid

control over everyone around them. And anyone who peeps a word of opposition? YOU'RE FIRED!!

Gee. If only I could think of an example...

This is Mercury on meth.

This is Venus on cocaine.

You got any more of those cigars, Sigmund?

In developing our individual egos, The challenge of the third chakra, we need to develop a balance between the masculine qualities of insight (Mercury) and the feminine qualities of gentle listening and caring (Venus)

That's the challenge of developing a healthy ego in the third chakra. Get to know Mercury and Venus!

Here are some affirmations:

I AM A POWERFUL AND CREATIVE PERSON

I HAVE A KEEN AND ACTIVE MIND

I ENJOY LEARNING

I ENJOY SHARING MY IDEAS AND LISTENING AS WE GROW OUR MINDS TOGETHER

I ENJOY AND GET ALONG WELL WITH OTHERS

Now we are ready with these tools to open the heart chakra.

PART 9



THE HEART CENTER: THE SUN

If we have been properly raised to have a healthy body and attitude toward life on Earth: Chakra #1 CHECK

If we have experienced belonging to a loving family for a foundation of emotional security: Chakra #2. CHECK

If we have developed the insights and social graces to build a healthy ego: Chakra #3. CHECK

Then a miracle happens. The heart opens. And suddenly we are thrilled just to live for others. To help and heal them. Not because we have to. That sense of obligation tinged with resentment is lower chakra, Sorry. No, when the Sun, which is at the very heart center of the tree of life, opens up, our giving to self and others is free, joyous and unconditional. The sun is unconditional love.

Look up into the daylight sky. Here's the Sun you WON'T see:

"I'm so tired of shining all day long on these ungrateful nincompoops. Exhausted I tell you! And when was the last time I even got a thank you note? And look at all the shameless tomfoolery going on down there! I'm not shining down on that for one more minute. And look who's still wasting time "working" on their tan...For Christ's sake! Oh gosh...I'm getting some spots again "

Not our sun.

The organ system here is the heart, the lungs, and the entire circulatory system. Whose main job is to distribute that universal requirement of all human life.

Oxygen. The universal air. When we experience love, we live in a great sea of air. Freely shared with all, freely sustaining all.

I have found in ecstatic dance a way to recapture the incredible joys of that sea of love. When people watch me dance, they notice this. My whole body begins to glow, and to move with an ecstatic flow of energy in ways scarcely human. Modulated by the music that is my carrier wave. I don't really care what I look like. It's the heart opening I'm in it for.

The heart center, called Tipharet, or "Beauty" in Hebrew, should be properly built on the foundation of healthy

development of the lower chakras. If that development is lacking, the hollow sphere of the Sun is...

not so pretty.

Sometimes the heart is dedicated to service, but with an undercurrent of resentment. See the "sun" figure above.

Sometimes the heart becomes so contracted with hate and resentment that it explodes. That's called a heart attack.

Sometimes the despair of a loveless life leads to asthma, chronic lung diseases, COPD. Yeah this is where Covid is most dangerous.

The sun is the center of Earth's life. It shines effortlessly and blissfully on everything and everyone on planet earth. Like the universal ocean of air, our inner sun can shine with this same strength upon all with unconditional love. And when it does? You are ready to open the fifth chakra and share your strength and your kindness with the world with chakra #5.

Affirmations?

I LOVE. AND I AM LOVED.

MY HEART IS OPEN TO LOVE

PART 10



TEACHING AND HEALING WITH MARS & JUPITER

The fifth Chakra is located at the throat and has long been associated with verbal expression. Especially the words we speak as we become teachers, leaders, healers, to the world. But that expression includes not only the throat center but our two arms as well.

The right shoulder and arm is the sephiroth Mars.

Of course, we all know **Mars**, god of war. And we know too well the evils of war. But the right arm also represents the divine inner warrior who uses his strength to bring the rod of correction to those of his students, patients and

friends who need this discipline. (That's not a billy club, Donald.)

But it must be balanced by Mercy, the left arm. Kindness, listening to the pain of our charges and forgiving their flaws when necessary. While the giant planet Jupiter, lord of our solar system is the symbol on the left shoulder, The crude and egocentric patriarchal Roman demigod, "Jupiter" is not the true name of the planet. He stole it..

The planet used to be called "Ma'at" and she was the Egyptian Goddess of Justice tempered by mercy. As the left shoulder, this is absolutely a female energy. Her mercy is necessary to balance the right arm of Mars.

The dark side of Mars is self-evident: War, violence, abuse, attack. Dominate the streets.

But the dark shadow of Ma'at is less obvious. It is expressed as a kind of wish-washy refusal to take the action needed to right the wrongs. Or it regards "forgiveness" as an uncompromising requirement for every situation.

A client suffering from severe rheumatoid arthritis looked in trance at one scene of horrible sexual abuse after another emerging from her aching legs. I tried to get her to release her rage at this abuse from her father, but it was not to be.

Here's her response from the twisted shards of broken Ma'at:

"Anger is a low vibration! You can't encourage me to be angry! We have to practice forgiveness. How dare you do this to me! I want my money back!"

She got her money back. And her disease was also fully refunded. It's the least I could do. She may call herself spiritually evolved. No doubt her father has another name for her:

"Sucker."

To focus on kindness and forgiveness without ever demanding anything of others. That's the shell of Ma'at.

Of course, the organs of these spheres are the hands, shoulders, and arms. Also, the vocal cords and throat and the thyroid gland. This source of metabolic energy is weakened whenever we fail to tell our truth to others. Or fail to give of our hearts and our voice and our arms to those who need our love.

Both the Golden Sun and the Tibetan Fire processes I teach in my trainings are designed to activate and clear the fifth chakra and strengthen the thyroid gland. Join our training to learn them.

My martial Arts practice (Tai Chi staff) is specifically designed to assist in balancing these two energies for my work as teacher and healer. It is the expression of my balanced Inner Warrior.

As we learn to balance discipline and strength with mercy and understanding we open up to our true nature as

healers, teachers, servants of the light. And the doors of divine perception can open. Chakra #6.

Affirmations:

I FREELY EXPRESS MY FEELINGS AND IDEAS

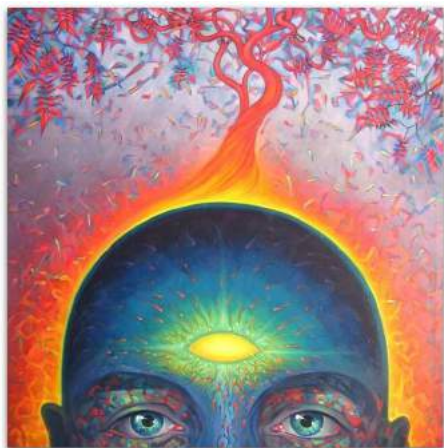
I BRING FORTH THE HEALER AND TEACHER WITHIN

IN MY GIVING TO OTHERS I BALANCE DISCIPLINE AND
KINDNESS

I ASSUME THE MANTLE OF LEADERSHIP IN MY LIFE

I SERVE OTHERS WITH HAND AND HEART

PART 11



THE THIRD EYE, SOURCE OF INNER
VISIONS

Yes, this third eye is not only the name of the 6th Chakra, it is a light sensitive organ in the center of our brains. Scientists call it the pineal gland. And we learn to open and focus this powerful tool of spiritual vision in my psychic development classes. It is the chakra of inner wisdom.

But in the uniquely insightful system that is the Tree of Life we see that on each side of this pineal gland we have 2 more spheres.

The right side is Mother Ocean(planet Neptune...ocean), the Great Mother and source of all life.

On the left, the Great Father. Called the Endless Starry Sky. (That's the actual meaning of the name "Uranus" the planet to which he is assigned.)

OCEAN MOTHER on the right

SKY FATHER on the left

Brain science has discovered that the right side of our brain is the intuitive "feminine" side. Its thought processes are intuitive, flowing and nonlinear.

And the left side uses words, analytical thought and judgment and discrimination.

The left side of the brain governs the right side of the body. And the right brain governs the left side. All through the action of extensive nerve fibers extending from one side of the brain to the other in the switchboard that is the corpus callosum in the brain.

Brain researchers find the whole thing puzzling. Why go to all that trouble they wondered?

The kabbalists were equally confused. Why does the Great Mother sit at the top of the masculine pillar? And what is Father Sky doing at the top of the female pillar?

Nobody to this day has found the precise answer to this paradox.

But I'll tell you what blows my mind about this: How could the ancient kabbalists have known about the third eye?

(Which they picture in the center and call "Daath" as a sort of semi sephiroth)

And even stranger, how did they know to duplicate the elaborate and complex ...and counter intuitive... structure of the human brain and nervous system in the 10th century CE? When neuroscientists didn't have the tools to even discover these subtleties of structure until the late 20th Century?

It's a mystery!

The shadow of these spheres?

Think about your parents. The way they raised you. The core beliefs they implanted in you. They have imprinted these programs directly into your brain hemispheres. That nagging inner voice in your right ear telling you you're a failure? Dad of course. And that nagging feeling that you should have tried harder? That's mom.

Allan Hardman, one of my top trainers, put it this way:

"Before Alchemy I had a jeering section in my head. Criticizing everything. Now in my head is a cheering section. New loving parents who cheer me on. "

And what's more...They bring us the wisdom of a higher perspective. The perspective of the divine. It is these new inner parents, Father Sky and Mother Ocean who are two of the three most important fruit of the tree of life. The third is the Higher Self which sits at the top of this "Divine

Trinity" at the seventh chakra, the "crown chakra" which is the only chakra that opens straight up. Yeah. Vertical spikes of color. Straight up to the Higher Self. No planetary influence rules here. Instead the Ain Soph Aur (infinite light of the Higher Self) which stands behind and above our universe is its significator.

And it is these three figures who are central to the process of Alchemical Transformation that is my life's work. It is they who guide the transformative initiation of Alchemy. Mother, Father, and Higher Self.

It is they who lifted me from my wheelchair at 27. It is they who sustain my life and my teaching today.

Affirmations:

I SEE THE INNER TRUTH

MY TRUE PARENTS CLEAR MY VISION

I AM IN TOUCH WITH MY INNER GUIDES I AM IN TOUCH WITH MY HIGHER SELF

MY DIVINE INNER PARENTS ARE CLEARING MY MIND DAILY OF OLD IDEAS.

MY INNER PARENTS GUIDE MY LIFE EVERY DAY

Welcome to the most powerful circuit board on earth.

Your energy body. Use it or lose it.



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